

# Energy. Frequency. Vibration. by Michael Dugdale

## 3.6.20 Sonic Restoration Task

### pulse:

- (Nom) - The regular beating of a heart, especially when felt at the wrist or side of the neck
- A short period of energy that is repeated regularly, such as a short, loud sound or a short flash of light
- The action of switching power on and off again quickly on a food processor to mix food.

(plural) - pulses = seeds such as beans or peas that are cooked and eaten

(Verb) - to move or beat with a strong, regular rhythm.

### dissipate:

(verb) - to gradually disappear or waste

### disrupt:

(verb) - to prevent something, especially a system, process, or event, from continuing as usual or as expected.

### (adj.) Crystalline:

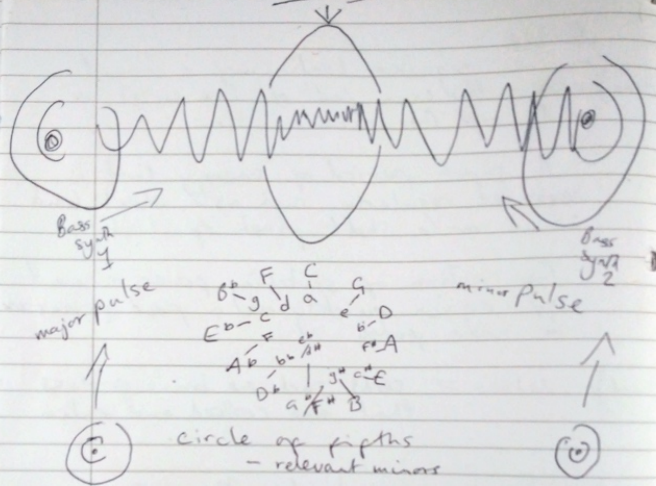
- clear and bright ~~big~~ like a crystal.



L

my resting heart rate  
kick drum  
BPM: 60

R



adj. Sympathetic: agreeing with or supporting

major	F	B <sup>b</sup>	E <sup>b</sup>	A <sup>b</sup>	D <sup>b</sup>	G <sup>b</sup>	B
minors	d	g	c	f	b <sup>b</sup>	e <sup>b</sup>	g <sup>#</sup>
descending	E	A	D	G	C	F	B
	C <sup>#</sup>	F <sup>#</sup>	B	E	A	D	G

Resonance: The quality of being loud and clear

- The production of sound as a result of vibration = shaking of another object.

Disrupt - Dissonance = associated with harshness, unpleasantness, or unacceptability

- The Locrian mode is the only modern diatonic mode in which the tonic triad is a diminished chord, which is considered dissonant.

Cadence: a melodic or harmonic configuration that creates a sense of resolution.

credit:

Youtube: Nikola Tesla was right! RESONANCE holds everything together  
- Dyslexic Artist Theory on the Physics of Time.

clip 1: 0 - 11  
clip 2: 3:30 - 3:40  
clip 3: 6:19 - 6:26

Title of piece: Energy. Frequency. Vibration